

# DISCIPLE U

## for Parents

### 2019-2020 Calendar

#### **The Critical Conversation: How do I talk to my kids?**

Tuesday, September 10 at 6:30 pm in the Sanctuary

September Parent Guides - Family Night & Tough Conversations

#### **Identity**

Tuesday, October 8 at 6:30 pm in the Sanctuary

October Parent Guides - Internet Filtering, YouTube & ASMR

#### **Suicide**

Tuesday, November 5 at 6:30 pm in the Sanctuary

November Parent Guides - Vaping & Teen FOMO

#### **Anxiety**

Tuesday, December 3 at 6:30 pm in the Sanctuary

December Parent Guides - The Sex Talk & Making Your Home a Safe Place

#### **Porn**

Tuesday, January 7 at 6:30 pm in the Sanctuary

January Parent Guides - Gen Z & Being Alone

#### **Social Media**

Tuesday, February 4 at 6:30 pm in the Sanctuary

February Parent Guides - Social Media & Smartphones

#### **Relationships**

Tuesday, March 3 at 6:30 pm in the Sanctuary

March Parent Guides - Body Art/Tattoos & A Doubting Teen

# 2019-2020 Calendar

continued

## **Abortion**

Tuesday, May 5 at 6:30 pm in the Sanctuary

May Parent Guides - Instagram & Body Positivity

## **Leadership**

Tuesday, June 2 at 6:30 pm in the Sanctuary

June Parent Guides - Eating Disorders

## **Gender**

Tuesday, July 7 at 6:30 pm in the Sanctuary

July Parent Guides - LGBTQ+, Depression & Anxiety

## **Dating**

Tuesday, August 4 at 6:30 pm in the Sanctuary

August Parent Guides - Video Games. Minecraft & Twitch

## **Drugs**

Tuesday, September 8 at 6:30 pm in the Sanctuary

September Parent Guides - Alcohol & Marijuana

## **Bullying**

Tuesday, October 6 at 6:30 pm in the Sanctuary

October Parent Guide - Teen Slang

## **Gossip**

Tuesday, November 10 at 6:30 pm in the Sanctuary

Childcare provided for children from birth through 5th grade.

**Parent Guides will be sent via email.**

If you have registered for the class and are not receiving the email content,  
please contact Jessica Mickelson at [jessica@gslicirvine.org](mailto:jessica@gslicirvine.org).