

THE FRUITS OF THE HOLY SPIRIT

Junior High Lesson - June 28



[Start with this video on The Fruit of the Spirit](#)

Main Point: God has given us the Holy Spirit to lead us and help us live the Christian life.

Overview: The fruit of the Spirit leads us to be more loving, kind, patient, forgiving, etc. The problem is that we're not designed to live that way in our own power. It's only when we stay connected to Jesus that those characteristics flow out of our lives. Instead, the message needs to be, "stay connected to Jesus and good stuff comes out of your life." When we nurture our relationship with God, we become more loving, kind, forgiving. It's what naturally happens as a result of what God is doing in and through us.

Paul teaches on the fruits of the Spirit in Galatians 5:22-23. He says when we live selfishly we live in one way, but by contrast here are the qualities the Holy Spirit grows in us.

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."

- Galatians 5:22-23

Which of the fruits of the Holy Spirit do you find the hardest to show?

Why are these qualities opposite of the Fruit of the Holy Spirit?

Jealousy, Gossip, Hate = **LOVE**

Worry, Sorrow, Sadness = **JOY**

Anger, Fighting, Unhappy = **PEACE**

Impatient, Compulsive, Intolerant = **PATIENCE**

WHAT'S HAPPENING?

These verses clearly show us that there is a battle going on. As we learn more about Jesus, we want to be more like him. Remember, the Holy Spirit reminds us of what Jesus taught us. We want to do those things and be more like Christ, but at the same time we are still making bad choices and messing up.

I can imagine this is a hard part of the ninja life. A ninja must follow the Sensei's instructions at all times. There are probably times when the ninja wants to use his skills to impress others or get revenge against his enemy. But at the same time, the ninja knows what the Sensei has taught him and shown him.

This is exactly what we go through when following Jesus! On one side we have the Spirit, who is God living with us and in us. He is showing us what needs to change to be more like Him. On the other side, we have flesh. This is the part of us that is sinful and selfish. It's the part of us that has been forgiven, but it still trips us up. Both sides are pulling back and forth, so how do we know who's winning? How do we know that we're actually growing and becoming more like Christ? The Bible says that we can track our growth by looking at the Fruit of the Spirit.

Discussion Questions

1. Why is it easier to do the wrong thing instead of the right thing?
2. As you look at the opposite qualities of the Fruit of the Spirit, why do you think people so often don't live by the power of the Holy Spirit?
3. What one fruit of the Spirit do you want to work on the most? Share it with your family and check-in with them weekly.



Without the power of the Holy Spirit, we cannot live the life God wants us to have - the best life possible!

**Share your highs and lows from this past week.
Close in pray for each other giving God thanks for your highs and
asking God to be with you in your lows.**

BIBLE STUDY, GAMES AND FRIENDS

Wednesdays @ 7pm on Zoom

<https://us02web.zoom.us/j/9829170570>



WE ARE HERE FOR YOU

Pastor Mike (818)-693-0974

GOOD  **SHEPHERD**