

THE FRUITS OF THE HOLY SPIRIT – KINDNESS

Junior High Lesson August 2nd



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Main Point: God has given us the Holy Spirit to lead us to Jesus and help us live the Christian life becoming more like Him. When we are walking with the power of the Holy Spirit we see the result of it in our lives. The bible calls those changes in our lives "the fruits of the Spirit". This week we are talking about the fruit of "kindness"

Overview: Oftentimes today in the media, or in other social circles I see a lack of kindness. People express their views by putting someone else's down. People are rude to each other. Some of protesters are setting cities on fire and hurting innocent people. The bible says in Galatians 5:22,

*""But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, **kindness**, goodness, faithfulness, gentleness, and self-control. There is no law against these things!*

What does it feel like when people are unkind to you? How do you want to react? Who are some people you need to be more kind to? Maybe a friend who is down. How might you be kind to them this week?

Let's remember how kind God is with us and how this leads us to want to turn our lives to him!

""Don't you see how wonderfully kind, tolerant, and patient God is with you? Does this mean nothing to you? Can't you see that his kindness is intended to turn you from your sin?

Bottom line: God is kind to us. He doesn't give us what we deserve but is patient and merciful giving us second chances. God made everybody special and each person deserves to be treated with kindness because they are a child of God.

WHAT'S HAPPENING?

Here are some ways you can be kind to others

1. Give them a compliment! Find something good in them and point it out.
2. When someone you know has had a really bad day tell them you are thinking of them and ask them if you can do anything to help.
3. Buy a gift and give it to someone you care for.
4. Send a friend a text saying, "thinking of you hope you are having a good day"
5. Put a picture of you and your friend on a instagram post!
6. Ask if you could pray for them if they are going through a hard time.
7. Pick a bible verse that might encourage them.
8. Tell them "God LOVES them!!"

Can you add any of your own? Why is so important to be kind to each other? What does it show the world about us?

""Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you." Ephesians 4:32

**"Love is patient and kind. Love is not jealous or boastful or proud 5 or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged."
! Corinthians 4:4**

MAIN POINT

WHAT THE WORLD NEEDS NOW MORE THAN ANYTHING IS KINDNESS. DURING THIS COVID LOCKDOWN THERE ARE MANY OPPORTUNITIES TO SHOW KINDNESS. FIND AN ELDERLY PERSON WHO CAN'T GET OUT VERY EASILY AND VOLUNTEER TO HELP THEM BUY GROCERIES OR PUT OUT THEIR TRASH CANS. INSTEAD OF SAYING MEAN THINGS ABOUT PEOPLE FIND WAYS TO BUILD THEM UP AND ENCOURAGE THEM. IF WE ARE NOT KIND PEOPLE PEOPLE WILL QUESTION WHETHER WE ARE REALLY A CHRISTIAN. BUT IF WE ARE KIND THEY MAY WANT TO KNOW MORE ABOUT BEING A CHRISTIAN!

Discussion Questions With Your Family:

Parents: Do you model kindness to your kids? Do something kind for them this week?

Students: In what ways can you be kinder to your parents? What might they need to help make their lives easier this week?

Family: Find someone elderly on your block, in your community or in the church to help. Even if it just means sending a card and telling them you are thinking about them and praying for them.

Share your highs and lows from this past week. Close in pray for each other giving God thanks for your highs and asking God to be with you in your lows.

Join us Wednesday @ 7pm on Zoom

BIBLE STUDY, GAMES AND FRIENDS

Click Here To Join the Meeting?

<https://us02web.zoom.us/j/9829170570>



WE ARE HERE FOR YOU

Pastor Mike (818)-693-0974