

Fruit of the Spirit - Kindness



Sunday

- Read Together
1 Thessalonians 5:15
Write this on the back of your Patience Stone!
- Watch Together
Jesus: Kindness
Season 1 - The Greatest is the Least
- Pray About It
Ask Jesus to show you this week where you need to be kind.

Monday

- Watch Together
Intro into this week's FLOCK Lesson
- Talk About It
Where have you seen that being kind is hard?
- Pray About It
Thank Jesus for his unchanging kindness in your life.

Tuesday

- Learn Together
Kind or Not?
- Talk About It
Were there any scenarios that were more difficult than others?
- Pray About It
Ask Jesus to guide you when being kind isn't your first reaction.

Wednesday

- Watch Together
Bibleman: Melting the Master of Mean
Session 1
- Talk About It
Talk about a time when you were mean. What was that like?
- Pray About It
Ask Jesus for forgiveness for times that you were mean.

Thursday

- Craft Together
Friendship Chain
- Talk About It
How does kindness encourage those around you?
- Pray About It
Ask Jesus to show you who needs to hear something kind from you.

Friday

- Read Together
Luke 10:29-37
The Good Samaritan
- Talk About It
How does this story showcase kindness?
- Pray About It
Thank Jesus for his love and grace when we choose not to be kind.

Saturday

- Grow Together
Kindness in a Jar
- Talk About It
What has been your greatest learning about kindness this week?
- Pray About It
Ask Jesus to continue to change your heart towards kindness.

Activity Directions

Tuesday

Kind or Not?

- 01 This game will be played similar to charades.
- 02 Talk as a family about situations that everyone has been in that have been either kind or unkind.
- 03 Write about 10 scenarios down on paper, that will be read off.
- 04 Next, rip apart 10 pieces of paper, and write "kind" on 5 pieces, and "unkind" on the other 5 pieces. Fold these, and place them in a bowl.
- 05 Have players take a piece of paper out of the bowl, and not show anyone what their paper says.
- 06 Parents will read a scenario and the player will act out the scenario either "kind" or "unkind" based on what their paper says.
- 07 Family members will decide whether it was kind or unkind.

Thursday

Friendship Chain

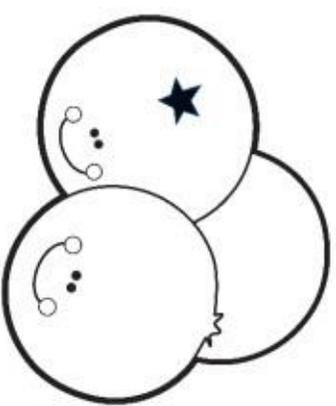
- 01 Pick either 3 colors of construction paper, or 3 colored markers to be used.
- 02 Cut strips length wise making roughly 10 strips of each color, or a total of 30 strips of paper.
- 03 Using each of your colors, define the categories of kindness: kind words, kind reactions, and kind service.
- 04 As a family, discuss 10 different ways that you can be kind in each of these categories.
- 05 Write one on each strip of paper in the color of the category, or on that colored paper.
- 06 With a stapler, glue, or tape, create a chain alternating the colors, to hang on your entry way, as a reminder of ways to be kind this week.

Saturday

Kindness in a Jar

- 01 Find a jar for each person in your family.
- 02 Decorate the jar using paint, stickers, glitter, etc. Make it your own!
- 03 Have each person think of 3-5 things for each person in your family of ways that you appreciate them and love them.
- 04 Write each of these on a strip of paper, fold them, and place in that person's jar.
- 05 You can choose whether you want these affirmations to be anonymous or not as a family.
- 06 When kindness is a challenge this week, pull out an affirmation from your jar and be reminded of the kindness and love of those around you.

KINDNESS



Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Colossians 3:12

1. What are some ways you can be kind to your classmates?
2. Read Luke 10:30-37. What does this story teach us about kindness?

Find the words that are the **OPPOSITE** of Kindness.

W A G Z P N A J V H A A A V V
V H F R W X N R A I C B D D N
S U O L L A C R E R N R D N T
U U L V B T D J I T T A W I O
U K C M M T F T T Z C T S O K Y
I N S E H N S I T I V E I J N P
T Y F H A C U R C A V V B U V
Z O N O A U T O H W W E D Q T
L A U L R S O P A Y Q R O M V
P L G G P G M C R U E L N Z X
K N A Y H U I W S P O J I C S
D P Y O T K L V H L F V Z L M
S Q V Q N Q C C J I E M B F R D
F T E J L M C Q V V N C Z V W H
U R V H K A I G L R G J G E H

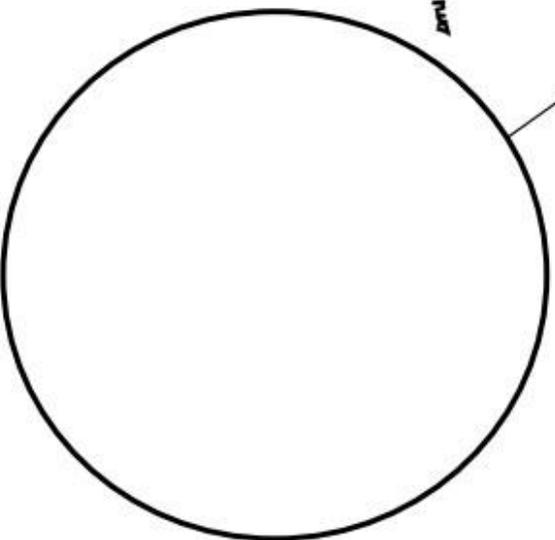
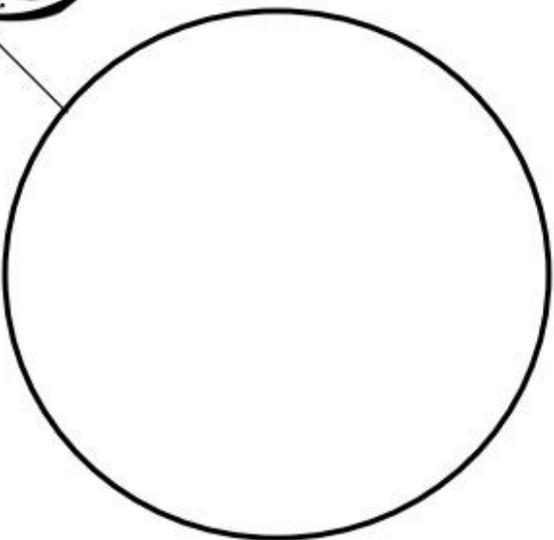
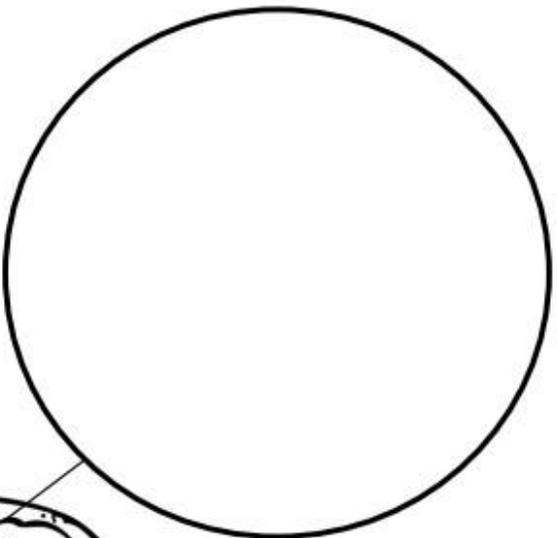
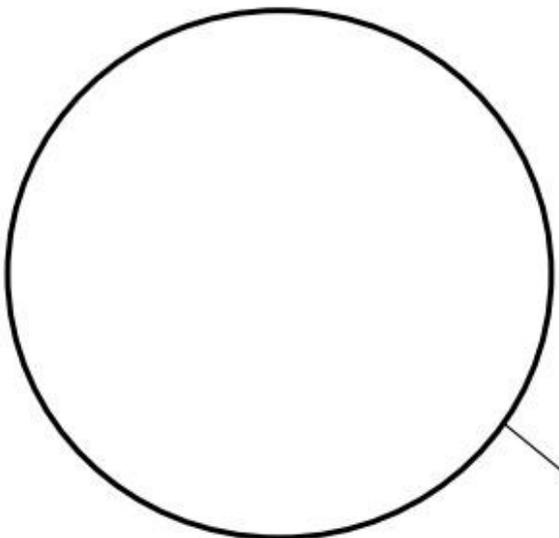
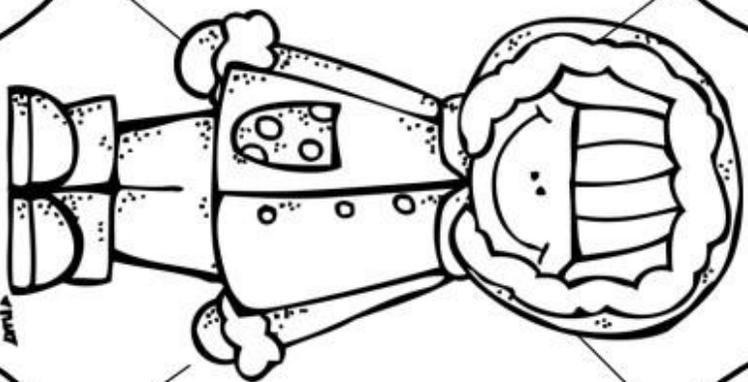
ABRASIVE
BITTER
CALLOUS
CRITICAL

CRUEL
HARD
HARSH
INSENSITIVE

STRICT
TOUGH
UNFORGIVING

Name: _____
Write words that describe a "Kind
Kid" in the circles below.

Be a Kind Kid





KiNd KiDs



can

Blank writing area for the 'can' section, consisting of seven horizontal lines within a rectangular border.

have

Blank writing area for the 'have' section, consisting of seven horizontal lines within a rectangular border.

are

Blank writing area for the 'are' section, consisting of seven horizontal lines within a rectangular border.

